



Membership and Fitness Tariff

For all our health-oriented guests, "Shapes Spa & Health Club" has it all. Our guests can linger around our pool, exercise in our fitness room offering the latest equipment, or just relax in our saunas or steam baths and Spa

Membership Tariff

Type	1 day use	1 month	3 months	6 months	1 year
Single	100	700	1,500	2,200	3,000
Couple	150	1,200	2,500	3,200	4,000
Family (2 + 2)	250	1,400	3,000	4,500	6,000
Children (13 – 17 yrs old)	100	500	600	900	1,200
Additional child with family (2 – 12 yrs old)	50	400	500	700	1,000

Your membership package includes:

- Use of our fully equipped gymnasium
- Use of pool and beach
- Use of sauna and steam bath facilities
- 15% discount on Spa treatments
- 25% discount on Food & Beverage
- Room upgrade (subject to availability)

Swimming Lesson

10 Sessions package – 45 minutes per session

Individual Lesson	600
Semi Private	500
Kids Group	400
One Session	50

Yoga Class

10 Sessions – 45 minutes per session

Members	Guest	One Session
300	500	50

Shapes Spa & Health Club Timings:

Daily : 07:00 am – 11:00 pm

Note: The above rates quoted are in AED (Arab Emirates Dirhams)

For inquiries and registrations,

Please call: +971 6 703 1111
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